



12 ANNUAL MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

Health Improvement

BACK to Nature

29 31
JULY
2025

Tahya Misr
Grand hall

Under Patronage of

Prof. Nasser El-Gizawy
President of Benha University

Conference President
Prof. Mohamed Elashhab
Dean of Benha Faculty of Medicine

Conference Vice Presidents

Prof. Hesham Rasheed
Vice Dean of Postgraduate
and Research Affairs

Prof. Rasha Shaker
Vice Dean of Education
and Student Affairs

Prof. Nermin Adly
Vice Dean of Community
Service and Environmental
Development Affairs

General Secretary
Prof. Yousry El-Saied
Prof. of Cardiothoracic Surgery



ELITE
CONFERENCES ORGANIZING

Welcome Message

Our Colleague,

Benha Faculty of Medicine is deeply honored to welcome you as a distinguished guest to share and attend the annual medical conference, which is the main event of the year for our college.

The theme of our meeting this year is “Health Improvement, Back to Nature” gives us a broad spectrum for different departments in our college to present and discuss different topics that help to improve the health of our people and improve our medical education and the practical implementation. It gives us much pleasure to give the opportunity to students in our college to share their scientific presentations in their 3rd annual conference. We hope that colleagues in different departments succeeded in covering all your interesting topics and you gain maximum benefit from your attendance.



Conference President

Prof. Mohamed Elashhab
Dean of Benha Faculty of Medicine

قاعة قسم الفسيولوجي

Physiology Department Session

Chairpersons

Prof. Ahmed Ebrahim Agamy, Benha University
Prof. Mohamed Elmetwaly Salem, Benha University
Prof. Ola ElGohary, Benha University
Prof. Noha Ebrahim Hussien, Benha University

10:00 AM-12:15 AM	Adropin contributes to the nephro- protective effect of vitamin D in renal aging in a rat model via MAPK/HIFa/VEGF/eNOS mechanism. Dr. Heba Salem lecturer of physiology
10:15 AM-10:30 AM	Targeting Asprosin/Nrf2 Pathway in the Potential Protective Effect of Co-enzyme Q10 and/or Exercise on High-Fat Diet Induced Non-alcoholic Fatty Liver Disease in Rats. Dr. Hadeer Abd El-Shafy Fouad Assistant lecturer of physiology
10:30 AM-10:45 AM	How to use the “power lab in ECG recording & Blood pressure measurement in rats”. Dr. Mariam Samy. Demonstrator of physiology
10:45 AM-11:00 AM	How to use the Tail Flick Analgesia Meter. Dr. Basma Ezz, Demonstrator of physiology