



12 ANNUAL MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

Health Improvement

BACK to Nature

29 31
JULY
2025

Tahya Misr
Grand hall



Under Patronage of

Prof. Nasser El-Gizawy
President of Benha University

Conference President
Prof. Mohamed Elashhab
Dean of Benha Faculty of Medicine

Conference Vice Presidents

Prof. Hesham Rasheed
Vice Dean of Postgraduate
and Research Affairs

Prof. Rasha Shaker
Vice Dean of Education
and Student Affairs

General Secretary
Prof. Yousry El-Saied
Prof. of Cardiothoracic Surgery

Welcome Message

Our Colleague,

Benha Faculty of Medicine is deeply honored to welcome you as a distinguished guest to share and attend the annual medical conference, which is the main event of the year for our college.

The theme of our meeting this year is “Health Improvement, Back to Nature” gives us a broad spectrum for different departments in our college to present and discuss different topics that help to improve the health of our people and improve our medical education and the practical implementation. It gives us much pleasure to give the opportunity to students in our college to share their scientific presentations in their 3rd annual conference. We hope that colleagues in different departments succeeded in covering all your interesting topics and you gain maximum benefit from your attendance.



Conference President
Prof. Mohamed Elashhab
Dean of Benha Faculty of Medicine

SCIENTIFIC PROGRAM

12th Annual Medical Conference Program Map

Hall	Tuesday 29.07.2025	Wednesday 30.07.2025	Thursday 31.07.2025
قاعة تحيا مصر	Opening Ceremony 10:00 AM-11:00 AM	Community Service Conference 9:00 AM-03:00 PM	
	Regenerative Medicine 11:00 AM-01:00 PM		
	Integrative Medicine 01:00 PM-03:00 PM		
قاعة المؤتمرات الكبرى			Student Conference 9:00 AM-05:00 PM
القاعة الملحقة بقاعة المؤتمرات			Student Conference 9:00 AM-05:00 PM
قاعة تجارة انجليش			Student Conference 9:00 AM-05:00 PM
قاعة مجلس الكلية		Sport Medicine Conference 10:00 AM-12:00 PM	
قاعة ملحق مجلس الكلية	Family Medicine 12:00 PM-03:00 PM	Sport Medicine Conference 12:00 PM-02:30 PM	Anesthesia Department 09:00 AM-04:00 PM
قاعة التعليم الطبي المستمر ١	ENT Department 12:00 PM-04:00 PM	Abstract Session 10:00 AM-12:00 PM	
قاعة التعليم الطبي المستمر ٢		Urology Department 09:00 AM-02:00 PM	
قاعة التشریح	Cadaveric Workshop 09:00 AM-04:00 PM	Cadaveric Workshop 10:00 AM-03:30 PM	
قاعة قسم الاشعة	Radiology Department 12:00 PM-01:15 PM	Radiology Department 12:00 PM-02:00 PM	
قاعة الأطفال	Pediatric Department 12:00 PM-02:00 PM		
قاعة الميستولوجى	Histology Department 12:00 PM-02:00 PM	Histology Department 10:00 AM-12:00 PM	
قاعة الطب الشرعى	Forensic Department 11:00 AM-02:15 PM	Forensic Department 10:00 AM-12:00 PM	
قاعة قسم الفارما	Pharmacology Sessions 12:00 PM-03:00 PM		
قاعة الميكروبىولوجى	Microbiology Sessions 10:00 AM-12:00 PM		
قاعة الباراسيتولوجى	Parasitology 10:00 AM-01:30 PM		
قاعة الفسيولوجى		Physiology 10:00 AM-11:00 AM	
قاعة الصحة العامة	Community Sessions 11:00 AM-04:00 PM		
قاعة الباطنة العامة	Internal Medicine 12:00 PM-01:00 PM	Internal Medicine 11:00 AM-02:00 PM	
قاعة الصدر	Chest Department 11:30 AM-02:00 PM		
قاعة الكبد	Gastro- Sessions 12:00 PM-02:00 PM	Gastro- Sessions 10:00 AM-02:00 PM	
قاعة الجلدية		Dermatology 10:00 AM-02:00 PM	
قاعة الروماتيزم		Rheumatology Sessions 10:30 AM-03:00 PM	
قاعة كلينيكال باتنولوجى		Clinical Pathology 10:00 AM-12:30 PM	
قاعة النفسية والعصبية		Neuropsychiatry Sessions 10:00 AM-12:00 PM	
قاعة القلب		Cardiac Sessions 10:00 AM-11:30 AM	
قاعة الرمد		Ophthalmology 10:00 AM-01:00 PM	
قاعة الكيمياء الحيوية		Biochemistry Sessions 10:00 AM-02:00 AM	
قاعة جراحة القلب والصدر		Cardiothoracic Surgery 10:00 AM-02:00 PM	

Para- Conference Meeting

Hall	Thursday 31.07.2025	Friday 01.08.2025
قاعة ملحق مجلس الكلية	Anesthesia 09:00 AM-04:00 PM	Workshop 09:00 AM-04:00 PM

Hall	Sunday 3 rd August 2025
قاعة ملحق مجلس الكلية	Pediatric Orthopedic Meeting
قاعة الأطفال	Pediatric Functional Echocardiography Workshop 09:00 AM-03:00 PM



12 ANNUAL MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

Health Improvement
BACK
to Nature



Tuesday
29th JULY
2025

قاعة تحيا مصر

Banha University (Hall A)

08:00AM -10:00 AM

Registration

10:00 AM-11:30 AM

Opening Ceremony

10:00 AM-10:05 AM	National anthem
10:05 AM-10:10 AM	Quran
10:10 AM-10:20 AM	Documentary Video
10:20 AM-10:25 AM	General Secretary Prof. Yousry El-Saied
10:25 AM-10:35 AM	Conference President Prof. Mohamed Elashhab Dean of Benha Faculty of Medicine
10:35 AM-10:45 AM	Honorable President Prof. Adel Al-Adawy Former Minister of Health
10:45 AM-11:00 AM	President of Benha University Prof. Nasser El-Cizawy

11:00 AM - 01:00 PM

1st Plenary Session: Regenerative Medicine

Chairpersons

Alphabetical

Prof. Abdelrehem Shoulh, Benha University
Prof. Adel Adawy, Benha University
Prof. Ahmed El-Gazzar, Benha University
Prof. Hossny Abdelrahman, Benha University
Prof. Mohamed Alashhab, Benha University

11:00AM-11:20 AM

Stem cell therapy in cardiac practice.
Major General Prof. Yasser El Sayed
Consultant of Thoracic Surgery,
Head of the Military Medical Academy

11:20 AM-11:40 AM

State of art stem cells world achievements
Major General Prof. Tarek Taha
Egyptian Armed Forces

11:40 AM-12:00 PM

From birdsong to binaural beats: national and digital rhythms in neuropsychiatry.
Prof. Hisham Elnazer
Professor of psychiatry, Southampton, England

12:00 PM-12:20 PM

Heal Naturally: The Rise of Regenerative Medicine and Nature Inspired Therapies
Prof. Radwa Ali Mehanna, Alexandria University

12:20 AM-12:40 AM

Human umbilical cord platelets lysate for treatment of persistent corneal ulcer
Prof. Mervat A. Dawood, Mansoura University

12:40 AM-01:00 PM

Adipose-derived stem cells: isolation, processing and experimental applications
Prof. Sally Lotfy Elshaer, Mansoura University

01:00 PM - 01:20 PM



01:20 PM-03:00 PM

2nd Plenary Session: Integrative Medicine

Chairpersons

Prof. Mohamed Alashhab, Benha University
Prof. Mohamed ElShafie, Benha University
Prof. Mahmoud Abdel Sabour, Benha University
Prof. Eman Elbetar, Benha University
Prof. Moustafa Alkady, Benha University

01:20 PM-01:40 PM

The anti-inflammatory effects of acupuncture.
Prof. Samy Nasef, Chinese University, Egypt.

01:40 PM-02:00 PM

Smart PUFA Shift: Natural Sources and Evidence Based Approach of Omega 3.
Prof. Khaled Meselhy, Cairo University

02:00 PM-02:20 PM

Back to Nature: Holistic Rehabilitation Strategies for Post-ICU Syndrome.
Prof. Ahmed Mostafa, Benha University

02:20 PM-02:40 PM

Traditional Chinese medicine and Galil derived neuropathic disorders.
Prof. Siham Fahmy, MIU University, Egypt.

02:40 PM-03:00 PM

Back to nature in macrobiotic science.
Prof. Ossama Sedik, Tiba University, KSA.

القاعة الملحقة ب مجلس الكلية

Family Medicine Department

12:00 PM-01:00 PM

1st session

Chairpersons

Alphabetical

Prof. Abdelrahiem Shoulah, Benha University

Prof. Azza Abu Elfadl, Benha University

Prof. Hala Elmeselhy, Monofia University

12:00 PM-12:10 PM

The New Essentials Public Health Functions (EPHFs) within the Integrated approach to Public Health.

Prof. Abdelrahiem Shoulah, Benha University

12:10 PM-12:20 PM

Challenges facing breastfeeding initiation and continuation: A warm chain approach of care.

Prof. Azza Abu Elfadl, Benha University

12:20 PM-12:30 PM

Motivation of Family Physicians': challenges and opportunities in Egypt.

Prof. Eman Araby, Benha University

12:30 PM-12:40 PM

Primary healthcare today and forever.

Dr. Hassnaa Saleh, Benha University

12:40 PM-12:50 PM

Promoting breastfeeding over the Perinatal period using family health records.

Dr. Samia Hussin, Benha University

12:50 PM-01:00 PM

Discussion

01:00 PM-03:00 PM

2nd session

Chairpersons

Alphabetical

Prof. Ghada Essam, Ain Shams University

Prof. Farouk Allam, Ain Shams University

Prof. Mona Elmahdy, Benha University

01:00 PM-01:10 PM

The concept of back to Nature in relation to Traditional, Integrative and holistic medicine.

Prof. Sherin Abdelwahab, Benha University

01:10 PM-01:20 PM

Egyptian women: Back to natural birth?

Dr. Essraa Magdy, Benha University

01:20 PM-01:30 PM

Optimal dietary patterns for healthy aging.

Dr. Nadia Mohammed, Benha University

01:30 PM-01:40 PM

Knowledge attitude practice towards chronic kidney disease in patient with type II Diabetes.

Dr. Hagar Abdelatif, Benha University

01:40 PM-01:50 PM

Impact of chronic obstructive pulmonary disease (COPD) on the patient's life and his family.

Dr. Yomna Emad, Benha University

01:50 PM-02:00 PM

DM remission and healthy lifestyle modifications.

Dr. Hagar Elsedik, Benha University

02:00 PM-03:00 PM

Panel discussion



12 ANNUAL MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

Health Improvement
BACK
to Nature

قاعة قسم الأشعة

Radiology Department

Chairpersons

Alphabetical

Prof. Hisham El-Shekh, Benha University

Prof. Medhat Refaat, Benha University

12:00 PM-12:15 PM	Non-Accidental Trauma in Pediatrics – Role of the Radiologist. Dr. Mariam Hamdy, Benha University
12:15 PM-12:30 PM	Pediatric GIT Emergencies: How to Approach Dr. Jehad Wageeh, Benha University
12:30 PM-12:45 PM	Different Imaging Modalities of Neonatal Hydrocephalus. Dr. Hadeel Sameer, Benha University
12:45 PM-01:00 PM	Archiving Cases. Dr. Tasneem Badr, Benha University
01:00 PM-01:15 PM	Archiving Cases. Dr. Mariam Yasser, Benha University

Day 2: Wednesday, 30th July 2025

12:00 PM-02:00 PM

WORKSHOP

12:00 PM-12:45 PM	MSK and Hip Ultrasound (Workshop) Prof. Hamada Khater, Benha University
12:45 PM-01:15 PM	Neonatal Cranial Ultrasound (Workshop) Dr. Mariam Hamdy, Benha University
01:15 PM-02:00 PM	Neonatal Spinal Ultrasound (Workshop) Dr. Jehad Wageeh, Benha University

قاعة قسم الميكروبيولوجي

Medical Microbiology & Immunology Department conference

10:00 AM-12:00 PM

Exploring the microbes: A tour at Benha Medical Microbiology Lab

10:00 AM - 10:30 AM

Registration & Reception

10:00 AM-11:30 AM

Fundamentals of PCR
Speaker: Dr. Omar Mostafa, QIAGEN

Chairpersons

Alphabetical

Prof. Roshdan Mohammed Ibrahim, Benha University

Prof. Ahmad Omer Shafik, Benha University

Prof. Mahmoud Abdel-Sabour, Benha University

Prof. Ahmed said Othman, Benha University

Prof. Camal Abd Elrahman Amer, Benha University

11:30 PM-12:00 PM

Speed Meets Accuracy: Discovering the BACTEC System

Dr. Marwa Elaraby, Benha University

Chairpersons

Alphabetical

Prof. Ahmed Mahmoud EL Gazzar, Benha University

Prof. Amal Mounir Matta, Benha University

Prof. ElSayed Abd ElGhany, Benha University

Prof. Emad Basiony, Benha University

Prof. Mohamed Gouda Awadallah, Benha University

11:30 PM-12:00 PM

Steps into professional VITEK skills

Dr. Nourhan Attia, Benha University

Chairpersons

Alphabetical

Prof. Abeer Ahmed Aboulazm, Benha University

Prof. Mohamed Diaa, Benha University

Prof. Reem Refat Abd Elgalil, Benha University

Prof. Somia Madany Dosoki, Benha University

Prof. Taghreed Gamal Eldeen, Benha University

Prof. Wafaa Ahmed El mosallmy, Benha University

12:00 PM-12:30 PM

Closure

قاعة قسم الأطفال

Pediatric Department

12:00 PM-12:30 PM	Habit Cough in Children: Is It Rare? Prof. Ahmad Ata, Benha University
12:30 PM-01:00 PM	Dilemma of H. pylori in Children Prof. Ola Galal, Benha University
01:00 PM-01:30 PM	Errors in the Pediatric ICU (PICU) Prof. Effat Assar, Benha University
01:30 PM-02:00 PM	Red Flags in CBC Interpretation Prof. Samar Elbahy, Benha University

Workshop for Junior pediatric doctors and house officers

Benha University Hospital : 30th July 2025

“Workshop of Foundations of Safe and Effective Clinical Practice”

08:30 AM-09:00 AM	Registration & Welcome Facilitator Dr. Madam Iman Elsherbiny, Benha University
09:00 AM-10:00 AM	Interactive Workshop Effective Communication with Patients & Relatives Dr. Sameh Zaki, Benha University
10:00 AM-11:00 AM	Lecture & Case Scenarios Safety in Blood and Blood Product Transfusion Dr. Hamasat Elnoury, Benha University
11:00 AM-11:30 AM	
11:30 AM- 12:30 PM	Hands-On Demonstration Point-of-Care Ultrasound (POCUS) for Vascular Access Dr Yahiya Tarek, Benha University
12:30 PM-01:00 PM	Simulation-Based Training Chain of Success in Resuscitation Dr. Ola Khalifa, Benha University

قاعة قسم الكبد والجهاز المختلط

Gastroenterology and Hepatology Department

01:00 PM-03:00 PM

Session I : Hepatology Session

Chairpersons

Alphabetical

Prof. Ashraf Khamis Nassar, Benha University
Prof. Mostafa Soliman Elkady, Benha University
Prof. Magdy Abd El-Mawgoud Gad, Benha University
Prof. Reda Mohamed El-Badawy, Benha University

12:00 PM - 12:20 PM

NAFLD, MAFLD and MASLD
Do we Really Need New Nomenclatures?
Prof. Ebada Mohamed Said, Benha University

12:20 PM-12:40 PM

Liver Transplantation Journey
Prof. Mohamed Said Soliman, Benha University

12:40 PM-12:55 PM

Case Presentation
Ass. Lecturer. Maha Elsayed Azzam, Benha University

12:55 PM-01:00 PM

Discussion

01:00 PM-02:00 PM

Workshop of Fibro-scan
Prof. Reda Mohamed El-Badawy, Benha University
Ass. Prof. Ghader Rashad, Benha University
Lecturer. Abeer EL-Bahy, Benha University

02:00 PM-04:00 PM

Workshop of Abdominal Ultrasound
Prof. Magdy Abd El-Mawgoud, Benha University
Prof. Maha Zein El-Abdeen, Benha University
Prof. Naglaa El-Toukhy, Benha University
Prof. Hala Mohamed El-Feky, Benha University

Tuesday 30th July 2025 : Session II

Chairpersons

Alphabetical

Prof. Ebada Mohamed Said, Benha University
Prof. Hosam Amin Baioumy, Benha University
Prof. Mohamed Elsayed El-Shewi, Benha University
Prof. Mohamed Magdy El-Sadek Atta, Benha University

10:00 AM-10:15 AM

Types and Patterns of Colorectal Polyps Detected During Endoscopy
Ass. Lecturer. Mahmoud El-Damen, Benha University

10:15 AM-10:30 PM

Factors Affecting Polyps Detection Rate during Colonoscopy
Ass. Lecturer. Ahmed Hamoud, Benha University

10:30 PM-10:45 PM

Case Presentation
Ass. Lecturer. Marwa Shaba, Benha University

10:45 PM-11:00 PM

Discussion

11:00 PM-02:00 PM

Workshop of Endoscopy (In Collaboration with Internal Medicine Department)
Prof. Badawy Abd Elkhalek, Benha University
Prof. Magdy Abd El-Mawgoud, Benha University
Prof. Hosam Amin Baioumy, Benha University
Prof. Hatem Samir El-Egily, Benha University

قاعة قسمarmacology الـكـلـيـنيـيـكـيـة

Clinical Pharmacology Department

"Rethinking Medicine: Can Nature Reduce Our Chemical Footprint?"

Chairpersons

Prof. Ahmed Salim, Benha University
Prof. Mohammed Adel, Benha University
Prof. Ahmed Bahriz, Benha University
Prof. Abdelhamid Elshawary, Benha University

12:00 PM-12:30 PM

Is it safe to administer Ashwagandha daily?

Dr. Aya Khairy, Benha University

12:30 PM-01:00 PM

Herb drug interactions

Dr. Asmaa Mohamed, Benha University

01:00 PM-01:30 PM

From gut to drug: the hidden pharmacologist within

Dr. Shazaa Elsheikh, Benha University

01:30 PM-02:00 PM

Moringa pharmacological effects

Dr. Amal Kamel, Benha University

02:00 PM-02:30 PM

Curcumin as a drug

Dr. Mai Gamal, Benha University

02:30 PM-03:00 PM

Discussion

قاعة الصحة العامة

**Community, Environmental and
Occupational Medicine Department**

Session 1

Opening	Prof. Omayima Mahmoud, Benha University
11:30 AM11:45- AM	Exploring the Physiological, Psychological, and Preventive Medicine Aspects. Prof. Essam Elsawaf, Benha University
11:45 AM12:00- PM	Disease mongering. Prof. Doaa Ibrahim Omar, Benha University
12:00 PM12:15- PM	Functional and integrative medicine in relation to holistic medicine and the concept of back to Nature. Prof. shereen abd elwahab, Benha University
12:15 PM12:30- PM	Nature-based interventions for mental health Eco friendly public health practices. Nutrition from nature. Prof. Mai Magdi, Benha University
12:30 PM12:45- PM	Traditional and herbal medicine in modern public health - safe integration of natural remedies into the public health system. Prof. Neama galal, Benha University
12:45 PM01:00- PM	Exploring the Role of Nature in Childhood Development and Mental Health. Prof. Maha Ahmed
01:00 PM01:15- PM	Digital detox in nature. Prof. Esraa Abdeldaiem, Benha University
01:15 PM01:30- PM	Natural lifestyle as a shield for countering the health impact of modern lifestyles. Prof. Salma Lashin, Benha University
01:30 PM01:45- PM	The Use of Natural vs. Synthetic Food Additives: Benefits, Risks, and Regulatory Perspectives Utilizing Local Medicinal Plants to Combat Antibiotic Resistance. The Relationship Between Traffic-Related Air Pollution and neurodevelopmental outcomes in children. Prof. Mariam Ezzat, Benha University
01:45 PM02:00- PM	Chemical-based fruit ripening and the implications for ecosystem health and safety. The Green City Concept: Balance with Nature. Prof. Abeer Abdelrahman, Benha University

قاعة الصحة العامة

Community, Environmental and Occupational Medicine Department

Session 2

02:00 PM-02:15 PM Role of alternative medicine and lifestyle approaches in managing inflammaging.
Prof. Raneyah Hamdi, Benha University

02:15 PM-02:30 PM Herbs as an alternative in complementary medicine.
Prof. Eman shebl, Benha University

02:30 PM-02:45 PM Vitamin D Level among overweight and Obese Adults Attending Outpatient Clinics at Alexandria Main University Hospital.
Prof. Abeer Elsayed, Benha University

02:45 PM-03:00 PM Back to Nature, Forward in Health: A New Paradigm for Occupational Wellbeing.
Prof. Sahar sayed, Benha University

03:00 PM-03:15 PM Importance of outdoor play and nature-based learning.
Prof. Esraa Elafify, Benha University

03:15 PM-03:30 PM Digital burnout: The negative impact of digital environment on mental health - Combating digital burnout through nature bases solutions.
Prof. Mostafa Walid, Benha University

03:30 PM-03:45 PM Current situation of water pollution and its effect on aquatic life in Egypt.
Prof. Alaa Saber, Benha University

03:45 PM-04:00 PM Afforestation builds clean Nation
Ecotherapy and its benefits -"Unlocking the Power of Nature: How We Benefit"
Restoring Nature Saves our planet.
Prof. Shimaa Ahmed, Benha University

قاعة التعليم الطبي المستمر (2)

Department of Otolaryngology (ENT)

President of ENT Conference

Prof. Samer Badie Kamel

Head of ENT department, Benha university)

Prof. Hamada Fadl

General secretary ENT Conference

Prof. Ahmed Gomaa

(Coordinator ENT Conference)

1st session

Chairpersons

Prof. Ahmed Allam, Benha University

Prof. Adel Helmy, Benha university

Prof. Ahmed Mohsen, Benha University

Prof. Samy Kalbosh, Benha University

12:00 PM-02:00 PM

Mastoid exploration from A to Z.

Prof. Ali Mahrous, Al-Azhar university

2nd session

Chairpersons

Prof. Hany Amin, Benha University

Prof. Bassem Fouad, Benha University

Prof. Alsayed Bayoumi, Benha University

Prof. Hossam Abdelhay, Benha University

Prof. Mahmoud Abdelghafar, Benha University

02:00 PM-02:15 PM

Tips and tricks in maxillofacial trauma.

Prof. Mohamed Alsayed Hassan, Benha University

02:15 PM-02:30 PM

Nasal Corridor in Pituitary Surgery.

Prof. Alaa Abdelsamie, Benha university

02:30 PM-02:45 PM

Computer guided modified genioglossus advancement in multilevel surgery in patients with severe OSA. How we do it?

Dr. Ahmed Gomaa, Benha University

02:45 PM-03:00 PM

Lymph Node Yield and Ratio during Surgery for Advanced Laryngeal Carcinoma.

Dr. Eslam Farid, Benha University

03:00 PM-03:15 PM

Branchial cleft cyst.

Rare case presentation.

Dr. Abdelrahman Elbahy, Benha University

03:15 PM-03:30 PM

New technique in preventing post-parotidectomy Frey's syndrome using fascia Lata and fat grafting.

Dr. Semon Sameh, Benha University

03:30 PM-03:45 PM

Velopharyngeal insufficiency.

surgical treatment.

Dr. Donia Alaa-Eldeen, Benha University

03:45 PM-04:00 PM

Discussion

قاعة قسم الصدر

Chest Department

1st session

Chairpersons

Prof. Mohammed Hussein, Benha University
Prof. Ahmed Abdel-Sadek, Benha University
Prof. Osama Ibrahim, Benha University
Prof. Amira Hussein, Benha University

11:30 AM-12:00 PM | Non- invasive mechanical ventilation
Dr. Nouran Saeed, Benha University

12:00 PM-12:15 PM | Indications of Invasive mechanical ventilation
Dr. Toka Aymen, Benha University

12:15 PM-12:40 PM | Modes of mechanical ventilation
Dr Azza Abdel-Wahab, Benha University

12:40 PM-01:00 PM | Weaning and difficult weaning
Dr Salwa Hasan, Benha University

2nd session

01:00 PM-02:00 PM | Hand on Mechanical ventilation
Assistant Prof. Shayma Magdy, Benha University
Assistant Prof. Nashwa Amen, Benha University

قاعة قسم التشريح

Neurosurgery & Anatomy Departments

BENHA CADAVERIC PERIPHERAL NERVE SURGERY COURSE

09:00 AM-09:30 AM	Registration and opening remarks
09:30 AM-09:45 AM	Surgical anatomy of the brachial plexus and thoracic outlet Dr. Mai Hassan (Assistant Professor of Anatomy) Benha University
09:45 AM-10:00 AM	Surgical anatomy of the sciatic nerve. Dr.Nehal shahin (Assistant Professor of Anatomy) Benha University
10:00 AM-10:15 AM	Overview of traumatic brachial plexus injury. Dr. Mohamed Elsebaie, Benha teaching hospital
10:15 AM-10:30 AM	Restoration of elbow flexion and hand reanimation in traumatic palsy. Prof. Hesham Elsobky, Mansoura University
10:30 AM-10:45 AM	Shoulder reanimation in patients with traumatic palsy. Dr. Ahmed Hussien, Cairo University
11:05 AM-11:20 AM	Laceration injury of the peripheral nerves Pro.Bassam Addas , Professor of Neurosurgery King Abdelaziz University Jeddah KSA
11:20 AM-11:35 AM	Decision making and techniques of PN surgery Dr. Mohamed Elsebaie, Benha teaching hospital
11:35 AM-11:50 AM	Topography of peripheral nerves Dr. Ahmed Hussien, Cairo University
11:50 AM-12:55 PM	Tendon transfer for management of PN injuries Prof. Hesham Elsobky, Mansoura University
12:05 PM-12:20 PM	Entrapment of LL nerves Dr. Ahmed Hussien, Cairo University
12:20 PM-12:35 PM	Cervical rib a special cause of TOS Prof. Hesham Elsobky, Mansoura University
12:35 PM-12:50 PM	Entrapment of UL nerves Dr. Mohamed Elsebaie, Benha teaching hospital
12:50 PM-01:00 PM	Obstetrical BPI Prof. Hesham Elsobky, Mansoura University

قاعة قسم التشريح

Neurosurgery & Anatomy Departments

2nd BENHA CADAVERIC SPINE ENDOSCOPIC WORKSHOP 30th July 2025

Presidents	Prof. Usama Fouad Head of Anatomy Department and Manager of CME Prof. Islam Aboulfetouh Head of Neurosurgery Department
Guest Speakers	Prof. Mehdi Darmoul President of Tunisian Neurosurgery Society
Workshop Director	Prof. Omar Y Hammad Professor of Neurosurgery. Ain Shams University WFNS (NE)
Workshop Coordinator	Dr. Hany El Nemr Lecturer of Neurosurgery, Benha University
Chairpersons	Prof. Omar V Hammad Professor of Neurosurgery, Ain Shams University WFNS (NE) Prof. Mehdi Darmoul President of Tunisian Neurosurgery Society Dr. Ahmed Bahgat Consultant of Neurosurgery Heliopolis Hospital Dr. Ahmed Hussein Omar Lecturer of Neurosurgery, Cairo University Prof. Ahmed Yehya Professor of Neurosurgery, Alexandria University

10:00 AM-10:30 AM	Endoscopic Anatomy of Lumbar Spine
10:30 AM-11:00 AM	Endoscopic Anatomy of Cervical Spine
11:00 AM-11:30 AM	Basic Set-up of the Spine Endoscopic Equipment and how to deal and to use it safely.
11:30 AM-12:00 PM	Surgical Indications of Different Endoscopic Techniques for Lumbar Spine
12:00 PM-12:30 PM	Surgical Indications of Different Endoscopic Techniques for Cervical Spine
12:30 PM-01:00 PM	Basic Endoscopic Techniques for Lumbar Spine: PELD, PELF
01:00 PM-01:30 PM	Basic Endoscopic Techniques for Cervical Spine: PECD, PECF.
01:30 PM-02:00 PM	Advanced Endoscopic Techniques for Lumbar Spine: UPPELO 1X2, UP BIL PELL, PELCD, UP PELL, PELCD1X2, UP PEILD REC.
02:00 PM-02:30 PM	Advanced Endoscopic Techniques for Cervical Spine: UP PECO 1X2
02:30 PM-03:00 PM	Details of Transforaminal Endoscopic Approaches in- out, out-in: TELD.
03:00 PM-03:30 PM	Details of Unilateral Bi-portal Endoscopic Techniques UBE.

قاعة الطب الشرعي

Forensic Medicine and Clinical Toxicology
Department

5th Annual Benha Forensic Medicine and Clinical Toxicology
Conference

“Challenges and Innovations in Forensic Medicine and Clinical Toxicology”

President **Prof. Sheren El-Kholy**
Prof. and Head of Forensic Medicine & Clinical Toxicology Department Faculty of
Medicine, Benha University

Coordinators **Dr. Noha El-Najjar**
Ass. Prof. Of Forensic Medicine & Clinical Toxicology Faculty of Medicine, Benha
University
Dr. Marwa Moard
Lecturer of Forensic Medicine & Toxicology, Benha University

1st session

Chairpersons

Prof. Sheren El-Kholy, Benha University
Prof. Nermene Adly, Benha University
Prof. Ola Haggag, Benha University
Prof. Dina Shokry, Benha University
Prof. Mohamed El-Shishtawy, Benha University

11:00 AM-11:15 AM	Update in forensics, are they always a step forward? Prof. Dina Shokry Prof. and Former Head of Forensic Medicine and Toxicology, Faculty of Medicine, Cairo University and Head of the Forensic Medicine Department, Armed Forces College of Medicine (AFCM), Egypt.
11:15 AM-11:30 AM	Role of forensic medicine in determination of Medical responsibility Prof. Mohamed El-Shishtawy Prof. of Forensic Medicine and clinical Toxicology, and head of Forensic medical consul- tation center, Faculty of Medicine Benha University
11:30 AM-11:45 AM	Ethical Issues of Biomedical Research Prof. Abdel Monem Goda Prof. of Forensic Medicine & Clinical Toxicology Department Faculty of Medicine, Benha University
11:45 AM-12:00 PM	الاتجار بالبشر و تزوير الوثائق ” Dr. Attia Naser خبير التزييف و التزوير مصلحة الطب الشرعي- وزارة العدل
12:00 PM-12:30 PM	Break

2nd session

Chairpersons

Prof. Ibrahim Zamzam, Benha University
Prof. Atef Fouda, Benha University
Prof. Abeer Abd-Elwahab, Benha University
Prof. Eslam Samy, Benha University
Prof. Abdel Monem Goda, Benha University

12:30 PM-12:45 PM

Invisible Threats: The Impact of Nanoplastics and Microplastics on Human Health
Ass. Prof. Amina Farag
Ass. Prof. of Forensic Medicine and clinical Toxicology, Faculty of Medicine, Benha University

12:45 PM-01:00 PM

AI-Powered Spectral Analysis: Revolutionizing Forensic Chemical Analysis
Dr. Zakaria Abokabera
Senior Forensic Examiner & AI Researcher Forensic Medicine Authority, Ministry of Justice

01:00 PM-01:15 PM

The reversed De Ritis ratio for predicting hospital mortality among intensive care patients with organophosphate.
Ass. Prof. Ola Nafea
Ass. Prof. of Forensic Medicine and clinical Toxicology, Zagazig University

01:15 PM-01:30 PM

New Trends in Forensic Entomology
Dr. Ahmed Abdel-Raouf
Assistant Professor of Forensic Entomology
Faculty of Science-Benha University

3rd session

Chairpersons

Prof. Afaf Abdelkader
Prof. Asmaa Yassen.

01:30 PM-01:45 PM

Insulin-euglycemic therapy in acute aluminum phosphide: a random
Dr. Basma Adel
Lecturer of Forensic Medicine and clinical Toxicology, Faculty of Medicine, Tanta University

01:45 PM-02:00 PM

The influence of single-nucleotide polymorphisms in opioid receptors genes on opioid use disorder susceptibility among Egyptian population: A case-control study
Dr. Amira Ali Alsayed Abdelnoor
Lecturer of Forensic Medicine and clinical Toxicology, Faculty of Medicine, Tanta University

02:00 PM-02:15 PM

Statistics of Cases admitted to Benha Poisoning and Addiction control Center, 2024
Dr. Waffa Samy
Dr. Alaa Elsayed
Assistant Lecturer of Forensic Medicine and Toxicology, Faculty of Medicine, Benha University

8th and 9th July 2025

10:00 AM-12:00 PM

Pre-Conference Workshop

اسس ومبادئ علم التزييف والتزوير في فحص المستندات
د. عطية جمال عبد الناصر
خبير التزييف و التزوير - مصلحة الطب الشرعي- وزارة العدل

Wednesday, 30th of July 2025

10:00 AM-12:00 PM

Conference Workshop

Technical examination of crime scenes
Prof. Ragaa M. Abdel Maboud
Prof. of Forensic Medicine and clinical Toxicology, Assiut University

قاعة قسم المستólogo

Histology Department Histology Hall

“Electron Microscope Across Diverse Materials and Nanoparticles”

Session 1 : 12:00 PM-01:00 PM

DAY 1: Tuesday 29th July 2025

Chairpersons

Prof. Aysha El-Sayed Mansy, Benha University
Head of Histology Department and Chief of Electron Microscope.
Prof. Eman Mohamed Faruk Kandel, Benha University

12:00 PM-12:15 PM

Lactobacillus rhamnosus GG and Tannic Acid Synergistically Promote the Gut Barrier Integrity in a Rat Model of Experimental Diarrhea via Selective Immunomodulatory cytokine targeting

Dr. Lamiaa Shawky, Benha University

12:15 PM-12:30 PM

The Possible Regenerative Capability of Harmine on Diabetic Pancreas Experimentally Induced by Streptozotocin in Adult Male Rats

Dr. Rania Ibrahim, Benha University

12:30 PM-12:45 PM

Nanotechnology, small solution to big health problems

Dr. Heba Bayoumi, Benha University

12:45 PM-01:00 PM



Practical Session

01:00 PM-02:00 PM

How to prepare samples for electron microscopy?

Dr. Enas. Dr. Aman, Benha University

Session 1 : 10:00 AM-11:00 AM

DAY 2: Wednesday 30th July 2025

Chairpersons

Alphabetical

Prof. Aysha El-Sayed Mansy, Benha University
Prof. Eman Mohamed Faruk Kandel, Benha University

10:00 AM-10:15 AM

How to obtain optimum samples for histopathological evaluation

Dr. Heba Bayoumi, Benha University

10:15 AM-10:30 AM

Can honey supplementation protect against histological changes in different organs?

Dr. Esraa Hammad, Benha University

10:30 AM-10:45 AM

Can Nagilla Sativa supplementation protect against histological changes in different organs?

Dr. Amira Alalfy, Benha University



Practical Session

11:00 AM-12:00 PM

Hands - On rat sampling: skills for lab success.

Dr. Enas Mohamed, Benha University

Dr. Heba Bayoumi, Benha University

قاعة قسم الباراسitولوجى

The 3rd Parasitology Department Conference

“Parasitology and Human Health: Recent Advances and Future Directions”

Session1: Updates in Medical Parasitology

Tuesday 29 July 2025

Chairpersons

Prof. Samia Rashed, Benha University
Prof. Amany Elfakahany, Benha University
Prof. Mona Nasr, Benha University
Prof. Karim Fatouh, Benha University
Prof. Ali Elsaied, Benha University
Prof. Mohamed Hussein, Benha University
Prof. Azza Elhamshary, Benha University
Prof. Azza saad, Benha University

10:00 AM-10:15 AM	Welcome speech Prof. Maysa Ahmad Eraky, Benha University Head of Medical Parasitology Department
10:15 AM-10:45 AM	Update on lymphatic filariasis (Wuchereria bancrofti) Prof. Norhan Elsayed, Benha University
10:45 AM-11:15 AM	Update of advances in direct parasitological techniques Prof. Alaa Akarm, Benha University
11:15 AM-11:30 AM	Parasites as negative regulators of cancer Prof. Basma Tharwat, Benha University
11:30 AM-11:45 AM	Exosomes in Medical Parasitology: A new insight Prof. Mohamed Abdelmonaiem, Kafr Elsheikh University
11:45 AM-12: 00 PM	Break

Session (2): Parasites and human health

Chairpersons

Prof. Mohamed Saad, Benha University
Prof. Ibrahim Maged Nagaty, Benha University
Prof. Mahmoud Fouad, Benha University
Prof. Amina Abdelmaboud, Benha University
Prof. Atef Hussein, Benha University
Prof. Maysa Eraky, Benha University
Prof. Rabab Selem, Benha University

12:00 PM-12:30 PM	Parasites and microbiota interactions Prof. Safaa Hassanein, Benha University
12:30 PM-01:00 PM	Parasitic infection interaction with non-parasitic diseases Prof. Eman Said, Benha University
01:00 PM-01:30 PM	Nutritional state and parasites Prof. Esraa Araby, Benha University

قاعة قسم الباطنة

Internal Medicine Session

Tuesday 29 July 2025

Chairpersons

- Prof. Nabil Khattab, Banha University
- Prof. Sameh Bahgat, Banha University
- Prof. Sherif Negim, Banha University
- Prof. Mohamed El Assal, Banha University

12:00 PM-12:20 PM	Advances in Regenerative Medicine for the Treatment of Kidney Diseases Prof. El Metwally El Shahaw, Banha University
12:20 PM-12:40 PM	Case presentation Prof. Fawzy Megahed, Banha University
12:40 PM-01:00 PM	Hypoglycemia Approach. Prof. Medhat Elamawy, Banha University
01:00 PM-01:20 PM	Discussion

Wednesday, 30 July 2025
Workshop

Chairpersons

- Prof. Mohamed EL Assal, Banha University
- Prof. Ahmed Dabour, Banha University
- Prof. Mohamed Al-Shaer, Banha University
- Prof. Amr Al-Rabat, Mansoura University
- Prof. Omar Abdullah, Mansoura University
- Dr. Ahmed Refaat, Banha University
- Dr. Ahmed Sami, Banha University
- Dr. Mohamed Idris, Banha University

11:00 AM-02:00 PM	Workshop of Endoscopy (In collaboration with Hepatology and Gastroenterology Department)
-------------------	---

قاعة مبني الجراحة الجديد

General Surgery Sessions

Session1

Chairpersons

Prof. Mohamed Debes, Benha University
Prof. Gamal Saleh, Benha University
Prof. Gamal Elhabaa, Benha University
Prof. Hazem Sobieh, Benha University
Prof. Mohamed Abdelhakeem, Benha University
Prof. Hesham Hussein, Benha University

12:00 PM-12:20 PM	Pectoralis Major Muscle Flap for Neck Reconstruction Following Excision of Malignant Head and Neck Tumors. Prof. Mohamed Debes, Benha University
12:20 PM-12:40 PM	Neonatal intestinal stomas. Prof. Ehab Oraby, Benha University
12:40 PM-01:00 PM	Splenic flexure mobilization in laparoscopic colorectal surgery. Dr. Ahmed Abostate, Benha University
01:00 PM-01:20 PM	Desarda vs Lichtenstein hernia repair in elective inguinal hernia management. Dr. Ayman Khater, Benha University
01:20 PM-01:40 PM	Desarda technique in the treatment of strangulated inguinal hernia. Dr. Hossam Alaa, Benha University
01:40 PM-02:00 PM	Discussion

Session2

02:00 PM-04:00 PM	Training Session on Laparoscopic Pelvitrainers by Prof. Mohamed Abdelhakeem, Benha University
-------------------	--



Wednesday
30th JULY
2025



1st ANNUAL CONFERENCE of the Community Service and Environmental Development Sector.

Benha Faculty of Medicine (BFM)

Under Patronage of

Prof. Nasser El-Gizawy
President of Benha University

Tahya Misr
Grand hall

30
JULY
2025

Prof .El-Sied Fouda

Vice President for Community Service and Environmental Development

Prof . Mohamed El-Ashhab

Dean of Faculty of Medicine

Conference president

Prof. Nermin Adly

Vice Dean of Community
Service and Environmental
Development Affairs

General Secretary

Dr. Noha Abo-Elkasim



12 ANNUAL MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

Health Improvement
BACK
to Nature

The First Annual Conference of The Community Service and Environmental Development Sector

Conference Objectives:

- o Highlight the community health initiatives led by the Community Service Sector at the Faculty of Medicine.
- o Present the outcomes and real-world impact of medical convoys and outreach programs.
- o Strengthen partnerships with health authorities, civil society, and religious institutions.
- o Explore innovative models for delivering sustainable community health services.

قاعة تحيا مصر - جامعة بنها

The First Annual Conference of The Community Service and Environmental Development Sector

09:00 AM-10:00 AM

Registration

Opening Session

10:00 AM-10:05 AM

Recitation from the Holy Quran

10:05 AM-10:10 AM

National Anthem

10:10 AM-10:20 AM

Welcome Speeches by:

Prof. Nermene Adly Mahmoud, Benha University

Vice Dean for Community Service and Environmental Development Affairs

Prof. Mohamed Al-Ashhab, Benha University

Dean of the Faculty of Medicine

Session 1

10:30 AM-11:00 AM

Artificial Intelligence: A Digital Revolution for Human Health

Prof. Ghada Amer, Benha University

Vice President of the Arab Science and Technology Foundation,

Professor of Engineering at Benha University, Executive Director of the Innovation Lab, and Supervisor of the Technology Innovation Support Office at the Ministry of Higher Education and Scientific Research.



Session 2

11:00 – 12:00 PM

A dedicated session highlighting real-life success and struggle stories from presidential initiatives, and Highlights of the Community Service and Environmental Development Sector's Achievements.



12:00 AM-12:30 PM

Session 3

Open Panel Discussion
Challenges Facing the Health Sector in Egypt:
Realities, Root Causes, and Future Prospects

Moderators

Prof. Nermene Adly Mahmoud
Vice Dean for Community Service and Environmental Development Affairs
&
Prof. Osama Fouad

The First Annual Conference of The Community Service and Environmental Development Sector

Speakers



Prof. Alaa Abd-Alhalim Marzouk
Former Governor of Qalyubia



Prof. Osama Al-Shalakany
Director of the Qalyubia Health
Directorate



Prof. Mohamed Aglan
Secretary General of the Qalyubia
Medical Syndicate



Prof. Ebada Mohamed Said
Professor of Hepatology and
Gastroenterology at Benha University



Sheikh Mohamed Abd-Elfattah Emam
Guidance Officer at the Qalyubia
Endowments Directorate



Lobna Abd-Alaziz
TV presenter

Closing Session 02:00 PM-02:30 PM

- Summary of key recommendations
- Launch of new initiatives (e.g. community health platform or monthly convoys)
- Recognition and awards ceremony

02:30 PM-03:00

PM Networking & Group Photos

المؤتمر السنوي الأول لقطاع خدمة المجتمع وتنمية البيئة

كلية الطب - جامعة بنها

القواعد الطبية والمبادرات الرئاسية: «جسور نحو تنمية صحية شاملة»

قاعة تحيا مصر - القاعة الرئيسية للمؤتمر

من الساعة الـ 9 صباحاً حتى 3 مساءً

30 يوليو 2025

٠٠ أهداف المؤتمر:

- ٠ تسليط الضوء على المبادرات الصحية المجتمعية التي يقودها قطاع خدمة المجتمع بكلية طب بنها.
- ٠ عرض نتائج وأثر برامج القوافل الطبية وخدمات التوعية الميدانية.
- ٠ تعزيز الشراكات مع الجهات الصحية، ومنظomas المجتمع المدني، والمؤسسات الدينية.
- ٠ استكشاف نماذج مبتكرة لتقديم خدمات صحية مستدامة للمجتمع.

التسجيل 09:00 AM-10:00 AM

الجلسة الافتتاحية 10:00 AM - 13:00 AM

- ٠ تلاوة آيات من القرآن الكريم
- ٠ السلام الجمهوري
- ٠ كلمة ترحيب للسادة :
- ٠ وكيل الكلية لشئون خدمة المجتمع وتنمية البيئة:
أ.د/ نيرمين عدلي محمود
- ٠ عميد كلية الطب :
أ.د/ محمد الأشهب

الجلسة الأولى | من ١٠:٣٠ إلى ١١:٠٠ صباحاً

٠ المتحدث: أ.د/ غادة محمد عامر

نائب رئيس المؤسسة العربية للعلوم والتكنولوجيا، أستاذ الهندسة في جامعة بنها، والمدير التنفيذي لختبر الابتكار، والشرف على مكتب دعم التكنولوجيا لعلوم الابتكار في وزارة التعليم العالي والبحث العلمي.

٠ عنوان الجلسة:
«الصحة والرقنة والابتكار: نحو نظام صحي أكثر كفاءة واستدامة»

The First Annual Conference of The Community Service and Environmental Development Sector

الجلسة الثانية | من ١١:٠٠ إلى ١٢:٠٠ ظهراً

جلسة مخصصة لعرض قصص نجاح وتحديات حقيقة من المبادرات الرئيسية، مع إبراز إنجازات قطاع خدمة المجتمع وتنمية البيئة.

استراحة قهوة | من ١٢:٠٠ إلى ١٢:٣٠ ظهراً

الجلسة الثالثة | من ١٢:٣٠ إلى ٢:٠٠ ظهراً

حلقة نقاش مفتوحة

• عنوان الجلسة:

”تحديات القطاع الصحي في مصر: الواقع، والأسباب الجذرية، وآفاق الحلول“

• المشرّفون :

أ.د / نيرمين عدلي محمود

أ.د / أسامة فؤاد

• المتحدثون :

أ.د / علاء عبدالحليم محمد مرزوق (محافظ القليوبية الأسبق)

أ.د / أسامة الشلقاني (وكيل وزارة الصحة بالقليوبية)

أ.د / محمد عجلان (أمين عام نقابة الأطباء بالقليوبية)

أ.د / عبادة محمد سعيد (أستاذ الجهاز الهضمي والكبد بجامعة بنها)

الشيخ / محمد عبدالفتاح إمام (مسئول الإرشاد الديني بأوقاف القليوبية)

الإعلامية / لبني عبد العزيز (مذيعة بالتلفزيون المصري)

الجلسة الختامية | من ٢:٣٠ إلى ٢:٥٠ ظهراً

• استعراض التوصيات الرئيسية

• إطلاق مبادرات جديدة

• حفل التكريم وتوزيع الجوائز

لقاءات والتقط صور جماعية | من ٢:٣٠ إلى ٣:٠٠ مساءً

قاعة مجلس الكلية

2nd SPORTS MEDICINE DEPARTMENT SCIENTIFIC MEETING

President of the Meeting

Prof. Hosny Abdel Rahman

Meeting Secretary

Assistant Prof. Marwa Yahia

Moderator of the Meeting

Dr. Mahmoud Elkattan

Dr. Nehad Elsayed

Round Table Seminar



Headed by

Prof. Dr. Ashraf Sobhy

Minister of Youth and Sports

“Overview of Sport in Egypt in Present and Future”

10:00 AM-01:30 AM

Administrator

Prof. Hosny Abdel Rahman

Former dean of Benha Faculty of Medicine and professor of sports medicine

Mr. Ibrahim Hamoda

Chairman of the Media Committee of the Egyptian Athletics Federation Al-Gomhuria Newspaper

Chairpersons

Prof. Wageh Hamdy Othman

Former Dean of the Faculty of Sports Sciences - Boys - Helwan University

Prof. Mohamed El Hamahmy

Professor of Sports Recreation, Department of Sports Recreation, Faculty of Sports Sciences for Boys, Helwan University and Former President of the Arab Sports for All Federation and Honorary President of the Federation for Life

Prof. Waleed Talat Mansour

Dean of the Faculty of Physical Therapy

Prof. Osama Salah

Dean of the Faculty of Sports Science

11:30 AM-12:00 PM





12 ANNUAL MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

Health Improvement

BACK
to Nature

The First Annual Conference of The Community Service and Environmental Development Sector

“Multidisciplinary Perspectives of Athlete’s Knees”

Session 1

Chairpersons

Alphabetical

Prof. Hosny Abdel Rahman, Benha University
Dr. Kamal Darwesh, Benha University
Dr. Mohamed El Hamahmy, Benha University

12:00 PM-12:30 PM

Prevention of Knee Injuries in Athletes and Post Injury Rehabilitation.

Prof. Marwa Yahia Mahgoub, Benha University
(Rheumatology, Rehabilitation and Physical Medicine, Benha University)

12:30 AM-01:00 PM

Common Knee Injuries in Sport.

Prof. Shreef Abel Monem El Teragy, Benha University
(Orthopedics and Sport Injuries, Benha University)

Session 2

Chairpersons

Alphabetical

Prof. Hosam Elbigawy, Benha University
Prof. Osama Salah, Benha University
Prof. Tamer Elshetahy, Benha University
Prof. Waleed Talat Mansour, Benha University

01:00 PM-01:30 PM

Hidden causes of Knee Pain in Athletes.

Prof. Hosaam Salah, Benha University
Physical Medicine, Rheumatology and Rehabilitation, Ain Shams University, Enby Club
Sport Medicine Consultant

01:30 pm - 02:00 PM

Kinesiology Tapping in Sport Knee Injuries.

Prof. Waleed Talat Mansour, Benha University
Dean of Physical therapy, Benha University

02:00 PM-02:30 PM

Field Rehabilitation of Recovered Knees.

Prof. Tamer Emad, Benha University
Sport Science Faculty, Benha University

قاعة التعليم الطبي المستمر (I)

Abstract Session

Chairpersons

Prof. Hesham Rashed, Benha University
Prof. Medhat Refaat, Benha University
Prof. Neveen Hafez, Benha University
Prof. Ahmed Mostafa, Benha University

10:00 AM-10:15 AM	Correlation Between Serum Prolactin Level and TSH Level in Newly Diagnosed Egyptian People with Subclinical Hypothyroidism. Dr. Mohammed Ibrahim Abd El-Ghany, Benha University
10:15 AM-10:30 AM	Endovascular Interventions for Controlling Gastrointestinal Bleeding: A Targeted Approach to Patient Outcomes. Dr. Mohamed R. Srour, Benha University
10:30 AM-10:45 AM	The Role of Dual-Source Multislice Computed Tomography in Preoperative Assessment of Anomalous Pulmonary Venous Connection Cases Compared to Echocardiography. Dr. Aya Sabry, Benha University
10:45 AM-11:00 AM	Delayed Effect of COVID-19 Infection on Right Ventricular Function and Geometry. Dr. Sara Ahmed Abdelhameed, Benha University
11:00 AM-11:15 AM	Evaluation of macular and optic disc radial peripapillary vessel density with optical coherence tomography angiography in cases with iron deficiency anemia. Dr. Esraa Hamed Elsayed, Benha University
11:15 AM-11:30 AM	Adherence in Egyptian hypertensive patients to medication beliefs and assessment of microRNAs as a novel biomarker of hypertension in Qaliubeya governorate, Egypt. Dr. Eman Abd-Elmageed Ahmed, Benha University
11:30 AM-11:45 AM	Histological Study for the Possible Protective Role of Zinc Oxide Nanoparticles and Vitamin E on Testis from Cisplatin-Induced Injury in Adult Albino Rats. Dr. Aml M. Khalil, Benha University
11:45 AM-12:00 AM	Fetal Trans-Cerebellar Diameter to Abdominal Circumference (TCD/AC) Ratio in Assessment of Gestational Age for The Prediction of Normal Fetal Growth and Intrauterine Growth Restriction. Dr. Wafaa Elbialy Elazab Moharram, Benha University

قاعة التعليم الطبي المستمر (2)

Urology Department

Back to Nature: Urological Perspectives
General organizers

Chairman

of Urology Department

Prof. Ahmed Al Adl

Prof. Ehab Elbarky

09:00 AM-09:15 AM

Opening Remarks

- Welcome & Introduction to the theme:
"Integrating nature-inspired strategies into evidence-based care"
- Overview of the day's focus: Minimally invasive therapies, dietary prevention, and lifestyle modifications

Prof. Tarek Elkaramany
Chairman of Urology Department

Session 1

Chairpersons

Prof. Tarek Elkaramany, Benha University
Prof. Mohamed Abd Elzaher, Benha University
Prof. Mostafa Mahmoud, Benha University
Prof. Ehab Elbarky, Benha University
Prof. Ahmed Al Adl, Benha University

09:15 AM-09:25 AM

Urological Oncology

Diet, Environment, and Prevention

Nutrition, Phytochemicals, and Reducing Environmental Carcinogens

Prof. Ahmed Al Adl, Benha University

09:25 AM-09:35 AM

Physiotherapy and Rehabilitation after cancer prostate

Prof. Waleed T Mansour, Benha University

09:35 AM-09:45 AM

Dean of Faculty of Physiotherapy, Benha University

Organic diets vs. conventional – impact on prostate/renal cancer risk.

Prof. Abdallah Fathey, Benha University

09:45 AM-09:55 AM

Minimally invasive Surgical Treatments of RCC

Prof. Mohamed Elhefnawy, Benha University

10:00 AM-10:15 AM

Stone Disease:

Lemon Juice, Hydration, and Herbal Adjuvants in Stone Prevention"

Dr Mahmoud Farag, Benha University

10:15 AM-10:25 AM

Minimally invasive Surgical Treatments of Urinary Stones (ESWL, PCNL, URS)

Dr. Ahmed Zahran, Benha University

Session 2

Chairpersons

Prof. Ahmed Abou-Taleb, Benha University
 Prof. Ahmed Sebaey, Benha University
 Prof. Shabeb Ahmed, Benha University
 Prof. Tarek Soliman, Benha University
 Prof. Ashraf Abdel Aal, Benha University

10:25 AM-10:35 AM

Pediatric Urology
 Voiding Dysfunction: Watchful Waiting and Behavioral Interventions, Natural resolution rates for UTIs and bedwetting
 Dr. Saad Ali, Benha University

10:35 AM-10:50 AM

Principles of Hypospadias Repair
 Dr. Salah Elbasheer, Benha University

10:50 AM-11:00 AM

Men's Health - Phytotherapy and Lifestyle
 Comparative analysis of herbal supplements vs alpha blockers Saw Palmetto, Pumpkin Seed Oil, and Exercise for BPH/ED
 Dr. Mostafa Atef, Benha University

11:00 AM-11:10 AM

MIST: Minimally invasive Surgical Treatments of BPH
 Dr. Islam Noah, Benha University

Session 3

Chairpersons

Prof. Ali Elshazly, Benha University
 Prof. Abdelmonem Marzouk, Benha University
 Prof. Wael kandeel, Benha University
 Prof. Rabea Gomaa, Benha University

10:25 AM-10:35 AM

Female/Reconstructive Urology - Holistic Healing
 - Cranberry derivatives and D-mannose in recurrent UTI prevention.
 Dr. Mostafa Ali
 Debate: Biofeedback vs. pharmacotherapy for OAB

Andrology - Nature's Boost for Fertility*

11:30 AM-11:50 AM

Topic: "Antioxidants, Mediterranean Diets, and Stress Reduction"
 - Zinc, selenium, and ashwagandha in sperm health.
 - Impact of environmental toxins (e.g., phthalates) on male fertility.
 Speaker: Dr Mohamed Elkholi

11:50 AM-12:00 PM

Panel Discussion: Bridging Nature and Modern Urology
 - Key debates:
 - When do natural interventions suffice vs. requiring surgery/medication?
 - Risks of unregulated supplements (e.g., kidney toxicity from aristolochic acid).

Audience poll: "Would you recommend herbal therapies as first-line for BPH?"

Hands On Training : 12:00 PM-02:00 PM

Work Shops

PCNL

Flexible Ureteroscopy

RESUM for BPH

Moderator

Prof. Abdallah Fatehi

Prof. Hussein Shaher

Instructors

Dr Salah El Basheer
 Dr Ahmed Zahran

Dr Mahmoud Farag
 Dr Islam Noah

Dr Ahmed Abu Elezz
 Dr Saad Ali



12 ANNUAL MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

Health Improvement

BACK
to
Nature

قاعة الجلدية

Dermatology, Venereology and Andrology Department Session

10:00 AM-12:30 PM

BOTOX WORKSHOP

Dr. Eman Ali, Benha University

01:00 PM-01:15 PM

As Tiny as it gets

Dr. Nader Nasr, Benha University

01:15 PM-01:30 PM

A New Hope with JAK Inhibitors: Expanding the Treatment Landscape of Alopecia Areata

Dr. Miran Qasem, Benha University

01:30 PM-01:45 PM

Biologics and Psoriasis: The Best Goes On

Dr. Sara Abdelazim, Benha University

01:45 PM-02:00 PM

Nano fat: The Art of Shaping Your Own Identity

Dr. Enas Mamdouh, Benha University

قاعة قسم الروماتيزم

Rheumatology Department

Session 1

Chairpersons

Prof. Waleed Salah Eldin, Benha University
Prof. Sahar Ganeb, Benha University
Prof. Noha Hosny, Benha University

10:30 AM-11:00 AM

Acupuncture in fibromyalgia
Prof. Refaat Eltanawy, Damietta University

Session 2

Chairpersons

Prof. Nashwa Hashad, Benha University
Prof. Noha Maher, Benha University
Prof. Arwa Amer, Benha University

11:00 AM-11:30 PM

Capillary disorders in autoimmune diseases
Prof. Ahmed Elshambaky, Benha University

11:30 AM-12:00 PM

Capillaroscopy in rheumatic diseases
Prof. Rahma Elziaty, Ain Shams University

Workshop

10:00 AM-03:00 PM

Basic musculoskeletal ultrasound of wrist and shoulder
Workshop instructor:
Dr. Waleed Salah Eldin, Benha University
Workshop trainee:
Dr. Asmaa Fathy, Benha University

قاعة قسم الكلينيكال باثولوجي

Clinical Pathology Department Program

10:00 AM-10:30 AM Registration

Chairpersons

Prof. Amira Mohamed Noureldin, Benha University
Prof. Azza Ahmed Abo Senna, Benha University
Prof. Eman Ramadan Abdel Gwad, Benha University
Prof. Yasser Mahmoud Ismail, Benha University

10:30 AM-10:50 AM From Suspicion to certainty: Evolving tools in Multiple Myeloma diagnosis.

Dr. Heba Abd El Moneim Ahmed, Benha University
Dr. Rania Emad Abdelfatah Gouda, Benha University

10:50 AM-11:10 AM Syndromic Testing: Benefits and Limitation

Dr. Amira Ali Goda, Benha University

11:10 AM -11:30 AM A Journey in Quality Control Applications

Prof. Jehan Hasan Sabry, Benha University

11:30 AM-11:50 AM Minimal Retesting Interval

Dr. Zainab Goda Hassan Ali, Benha University

11:50 AM-12:10 PM Molecular Immunity Meets Nature “Rewilding Immunity Natural compounds and the Epigenetic Control of Immune Genes

Dr. Aya Mahmoud Abo Chanema, Benha University
Dr. Walaa Afifi Nasr Afifi, Benha University

12:10 PM-12:20 PM DISCUSSION



قاعة قسم الفسيولوجي

Physiology Department Session

Chairpersons

Prof. Ahmed Ebrahem Agamy, Benha University
Prof. Mohamed Elmetwaly salem, Benha University
Prof. Ola ElGohary, Benha University
Prof. Noha Ebrahem Hussien, Benha University

10:00 AM-12:15 AM

Adropin contributes to the nephro- protective effect of vitamin D in renal aging in a rat model via MAPK/HIFa/VEGF/eNOS mechanism.

Dr. Heba Salem lecturer of physiology

10:15 AM-10:30 AM

Targeting Asprosin/Nrf2 Pathway in the Potential Protective Effect of Co-enzyme Q10 and/or Exercise on High-Fat Diet Induced Non- alcoholic Fatty Liver Disease in Rats.

Dr. Hadeer Abd El-Shafy Fouad Assistant lecturer of physiology

10:30 AM-10:45 AM

How to use the “power lab in ECG recording & Blood pressure measurement in rats”.

Dr. Mariam Samy, Demonstrator of physiology

10:45 AM-11:00 AM

How to use the Tail Flick Analgesia Meter.

Dr. Basma Ezz, Demonstrator of physiology

قاعة الراشد

OPHTHALMOLOGY DEPARTMENT

UNDER THE SUPERVISION OF
PROF. DR. HAMDY ELGAZZAR

HEAD OF THE OPHTHALMOLOGY DEPARTMENT, BENHA UNIVERSITY

Session 1

Chairpersons

Prof. Yousry Fekry, Benha University
Prof. Ashraf Elshayeb, Benha University
Prof. Hamdy Elgazzar, Benha University

10:00 AM-10:12 AM	Chandelier Assisted Scleral Buckle For Management of Rhegmatogenous Retinal Detachment Prof. Hamdy Elgazzar, Benha University
10:12 AM-10:24AM	Updates In Pediatric Keratocous Prof. Ahmed Saeed, Benha University
10:24 AM-10:36AM	Punctal Occlusion: A Closer Look Prof. Ahmed Sherin Bayoumi, Benha University
10:36 AM-10:48 AM	Eye On AI: The Future Of Vision With Artificial Intelligence And Robotics Prof. Mohamed Awwad, Benha University
10:48 AM-11:00 AM	Muscle Fenestration Technique Prof. Ibrahim Abdelkhalek, Benha University
11:00 AM-12:00 PM	

Session 2

Chairpersons

Prof. Yousry Fekry, Benha University
Prof. Ashraf Elshayeb, Benha University
Prof. Hamdy Elgazzar, Benha University

12:00 PM- 12:10 PM	Overlooked But Ominous Posterior Segment Lesions with Vision-Threatening Potential Dr. Ehab M. Hatab, Benha University
12:10 PM- 12:20 PM	Anti-Myopia Progression Methods Dr. Mohamed Rezk, Benha University
12:20 PM- 12:30 PM	Decision Making in Angle Closure Disease Dr. Ayman Elmaghraby, Benha University
12:30 PM- 12:40 PM	Mimickers Of Primary Congenital Glucoma Dr. Hend Helal, Benha University
12:40 PM- 12:50 PM	Blepharoplasty Adjusting Periorbital Facial Harmony Dr. Mohamed Ismail, Benha University
12:50 PM- 01:00 PM	VKH: Disease Entity and Management Plan Dr. Mahmoud Eltahlawy, Benha University

قاعة قسم النفسية والعصبية

Neuropsychiatry Department

UNDER THE SUPERVISION OF
Prof. Khaled Salam
Head of Neuropsychiatry Department

Psychiatry Session

10:00 AM-10:20 AM	Workshop: CBT of Fibromyalgia Prof. Ayman ELhusseny, Azhar Assiut University
10:20 AM-10:40 AM	Recent advances in bipolar advances Prof. Mohamed ELhammady, Benha University
10:40 AM-11:00AM	Complementary medicine in psychiatric therapy Ass. Prof. Shourok Fatehy, Benha University

Neurology Session

11:00 AM-11:20AM	Climate changes and neurological disorders Prof. Mohamed Hamad Alazab, Benha University
11:20 AM-11:40AM	Clinical and radiological follow up for multiple sclerosis patients Dr. Yasmin Reda, Benha University
11:40 AM-12:00 PM	Discussion

قاعة قسم القلب

Cardiology Department Sessions

UNDER THE SUPERVISION OF

PROF. DR. HAMDY ELGAZZAR

HEAD OF THE OPHTHALMOLOGY DEPARTMENT, BENHA UNIVERSITY

Session 1: New updates in hypertension management

Chairpersons

- Prof. Ahmad Abdel Monam, Benha University
- Prof. Heba Mansor, Benha University
- Prof. Osama Sanad, Benha University
- Prof. Saad Ammar, Benha University
- Prof. Khalid Rabat, Benha University
- Prof. El Saied A. Khalik, Benha University
- Prof. Ahmad Youssef, Benha University
- Prof. Mohamed Abdel Shafy, Benha University
- Prof. Mohamed Mahros, Benha University

10:00 AM- 10:30 AM

Challenges in managing hypertension among women.

Dr. Mahmoud Shawky

Session 2 : New updates in management of heart failure

Chairpersons

- Prof. Tarek A. Azm, Benha University
- Prof. Metwally Emmary, Benha University
- Prof. Mohamed Hamouda, Benha University
- Prof. Ali Attia, Benha University
- Prof. Mohamed A. Kader, Benha University
- Prof. Eman Kishk, Benha University
- Prof. Neama Meligy, Benha University
- Prof. Yasser Hosny, Benha University
- Prof. Shaima Mostafa, Benha University

11:00 AM-11:30 AM

ESC Guidelines of Management of Cardiomyopathies

Dr. Mohamed Magdy

قاعة قسم الكيمياء الحيوية

Biochemistry Department

Session (1): Microbiome in Medicine 10:00 AM - 11:30 AM

Chairpersons

Prof. Naglaa Ibrahim Azzab, Benha University
Prof. Awad ElAbd, Benha University
Prof. Thanaa Hamed, Benha University
Prof. Azza Elbaramawy, Benha University

10:00 AM - 10:15 AM	Smart Eating: Unlocking the Nutritional Code of Alzheimer's disease. Ass. Prof. Nashwa Elsayed
10:15 AM - 10:30 AM	Microbiome and autism. Dr. Naema Elsayed, Benha University
10:30 AM - 10:45 AM	Microbiome and cancer. Dr. Samah Mohamed, Benha University
10:45 AM - 11:00 AM	Postbiotics and Their Application in Health and Nutrition: A Biochemical Perspective. Dr. Reem Safwat, Benha University
11:00 AM - 11:15 AM	The Gut-Brain Axis in MS: Unraveling the Microbiota's role. Dr. Aml Ali, Suez Canal University
11:15 AM - 11:30 AM	Human Microbiota: Its Role in Health and Disease. Dr. Ola Tohamy, Suez Canal university



Session (2): Some Molecular Aspects in Health and Diseases 12:00 PM - 01:00 PM

Chairpersons

Prof. Amal Idris, Benha University
Prof. Ahmed Hesham, Benha University
Prof. Adel Elkholi, Benha University

12:00 PM - 12:15 PM	Braf mutations and cancers Ass. Prof. Shaymaa Mohamed Abdelrahman, Benha University
12:15 PM - 12:30 PM	Ferroptosis related hub gene Ass. Prof. Yasmin Mohammed Marei, Benha University
12:30 PM - 12:45 PM	Lactose Intolerance Dr. Doaa shaaban, Benha University
12:45 PM - 01:00 PM	Gene Therapy for Down Syndrome Dr. Hend Elsayed, Benha University

Session (3): Genetics and Epigenetics in medicine 01:00 PM – 01:45 PM

Chairpersons

Prof. Mahassen AbdelSattar, Benha University
Prof. Amal Abo Elfadl, Benha University
Prof. Naglaa Fathy, Benha University
Prof. Shouzan Ali, Benha University

01:00 PM – 01:15 PM

Study of prevalence of thrombophilic genes [FVL G1691A, prothrombin G20210A and MTHFR C677T] Polymorphisms in patients with venous thromboembolism in Benha university hospital; cross sectional study.
Dr. Moamena Yahia, Benha University

01:15 PM – 01:30 PM

Study Of Mir 145 Promoter Methylation Status In Patients with Superficial Urothelial Bladder Cancer Treated With BCG (Bacille Calmette-Guerin).
Dr. Kholoud Yahia, Benha University

01:30 PM – 01:45 PM

Association of microRna 223 with disease activity and severity in rheumatoid arthritis patients.
Dr. Randa Kamal, Benha University

01:45 PM-02:00 PM

Discussion

قاعة قسم جراحة القلب والصدر

Cardiothoracic Surgery Department

Wednesday 30th July 2025 11:00 AM-02:00 PM

Chairpersons

Prof. Ibrahim Kassab, Benha University
Prof. Yousry EL-Saied, Benha University
Prof. Yousry Shaheen, Benha University
Prof. Ayman Shaalan, Benha University
Prof. Mutaz El-Shahat, Benha University
Prof. Basem Mephreh, Benha University
Prof. Ahmed Sobhy, Benha University
Prof. Ashraf El-Nahas, Benha University

11:00 AM-11:30 AM	Case Report: LA Myxoma with Severer Mitral Regurge and Coronary Occlusion. Prof. Yousry EL-Saied, Benha University
11:30 AM-12:00 PM	Surgical Closure of LAA. Prof. Ayman M. Shaalan, Benha University
12:00 PM-12:30 PM	Papillary Muscle Tumor, Case Report. Prof. Mutaz El-Shahat, Benha University
12:30 PM-01:00 PM	Tracheal stenosis; Surgical Challenges. Prof. Ayman M Shaalan, Benha University
01:00 PM-01:30 PM	Rt. Vertical Axillary Thoracotomy for Variable Open-Heart Surgeries. Prof. Basem Mephreh, Benha University
01:30 PM-02:00 PM	The Role of Echo-Cardiographic Findings in Promoting Mitral Valve Repair. Dr. Noha helal, Benha University



**Thursday
31st JULY
2025**



3rd ANNUAL STUDENT MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

From **IDEA**
to **Impact**

31
JULY
2025

Benha University
Grand
Conference Hall

Under Patronage of

Prof. Nasser El-Gizawy
President of Benha University

Prof. Gehan Mousa
Vice President of Education and Student affairs

Conference Presidents
Prof. Mohammed Elashhab

Dean of Faculty of Medicine

Vice President of Conference
Prof. Rasha Shaker

Vice Dean of Education
and Student affairs

Head of
scientific committee
Prof. Ranyah Hamdy

Head of
Organizing Committee
Prof. Rehab Salem

General Secretary
Prof. Yousry El-Saied
Prof. of Cardiothoracic Surgery

القاعة الرئيسية

“FROM IDEA TO IMPACT”

Scientific committee

Prof. Rasha Shaker, Benha University
Prof. Raneya Hamdy, Benha University
Prof. Doaa Omar, Benha University
Prof. Maha Mokhtar, Benha University

Organizing committee

Prof. Yousry Elsaied, Benha University
Prof. Rehab Salem, Benha University
Prof. Mai Hasan, Benha University

08:30 AM-09:30 AM Registration
09:30 AM-10:30 AM Opening ceremony
10:30 AM-11:15 AM Plenary Lecture

تحديات الأمن القومي المصري وكيفية مواجهتها

لواء: بعثت محمد فريد

مدير كلية الدفاع الوطني- الأكاديمية العسكرية والدراسات العليا
الاستراتيجية الأسبق



11:15 AM-11:30 AM Discussion

SESSION I: PROMISING PROJECTS, INVENTIONS AND CAMPAIGNS

Chairpersons

Prof. Hosny A. Abdelrahman, Benha University
Prof. Mahmoud Abdel Sabour, Benha University
Prof. Eman A. Albitar, Benha University
Prof. Abdellatif Almor, Zagazig University
Prof. Yousry Fekry, Benha University
Prof. Rasha Shaker, Benha University

11:30 AM-11: 40 AM	Redefining Research Literacy Sara Hosny El-Farargy, Benha University Mohammed Abdelwanees, Cairo University
11:40 AM-11:50 AM	STICK TO HEALTH: Biodegradable Sensing Patches For Emergency Medicine. Sarah Mohammed Amin, Misr International University, Pharmacy Saad Elsayed Elboray, Kasr Al-Ainy, Cairo University Rahma Wael Elsayed, Helwan University, Pharmacy Mohammed Hamdan Farage, STEM School
11:50 AM-12:00 PM	Network-Driven Therapeutic Discovery in Neurodegeneration: Predicting Drug Synergies Through Multimodal Data Integration Ahmed Fawaz, Port Said University
12:00 PM-12:10 PM	Green Tech project Mo'aaz Rafat, Benha University
12:10 PM-12:20 PM	AI-Driven Sign Language Interpretation: Bridging communication gaps for patients with hearing impairments AbdelAzim Mohammed AbdelAzim, MUST University
12:20 PM-12:40 PM	Discussion

SESSION II: EXPLORING HEALTH RISKS AND DETERMINANTS

Chairpersons

Prof. Mostafa S. Alkady, Benha University
Prof. Ibrahim Rageh, Benha University
Prof. Ghada Elkhawaga, Mansoura University
Prof. Ragaa Shawky, Mansoura University
Prof. Mona H. Elmahdy, Benha University
Prof. Osama Fouad, Benha University

01:10 PM-01:17 PM

Prevalence and sociodemographic determinants of anaemia among ever-married women of reproductive age in Jordan: insights from the 2023 Jordan population and family health survey
Shahd Ehab, Benha University
Rahma Sameh Shaheen, Benha University

01:17 PM-01:24 PM

Knowledge, attitude, practice, and barriers of evidence-based practice (EBP) among healthcare providers in Port Said City: A Mixed-method Study
Menna Alaa El-Khouly, Port Said University
Huda Ramadan, Port Said University

01:24 PM-01:31 PM

Health Equity: From Justice to Action
Waad Anwar Makkwi, Benha University

01:31 PM-01:38 PM

Adherence to growth hormone (GH) therapy and its potential barriers among children with short stature in Port Said governorate: Cross-sectional study
Hadeel Rabai, Port Said University
Menna Alaa El-Khouly, Port Said University

01:38 PM-01:45 PM

Socio-demographic determinants of obesity among ever-married women in Jordan
Sarah Hosny El-Farargy, Benha University

01:45 PM-02:00 PM

Discussion

SESSION III:HANDS ON MEDICAL INTERVENTIONS

Chairpersons

Prof. Mohamed ElShafee, Benha University
Prof. Mostafa Rezk, Benha University
Prof. Mohamed Sabry Selim, El-Azhar University
Prof. Abdel Moniem Guda, Benha University
Prof. Rehab Salem, Benha University

02:07 PM-02:14 PM

Efficacy and Safety of DMF in treatment of MS
Norhan Mohammed Omar, Benha University

02:14 PM - 02:21 PM

The Impact of an Educational Program regarding Antibiotics Resistance among First Year Medical Students of East Portsaid National University: An Interventional Study (original article)
Hazem Mohammed Elknany, National East Port-Said University
Dalia Mohammed Elsayed, National East Port-Said University

02:21 PM-02:28 PM

Efficacy and safety of 12-hour versus 24-hour magnesium sulfate in management of patients with pre-eclampsia and eclampsia: a systematic review and meta-analysis
Rahma Abdelaziz Ismael, Benha University
Rahma Sameh Shaheen, Benha University

02: 28 PM-02:35 PM

Efficacy and safety of fezolinetant and its different doses in the treatment of vasomotor symptoms in menopausal women: a systematic review and meta-analysis
Ali Ahmed, Benha University
Rahma Sameh Shaheen, Benha University

02:35 PM-02:42 PM

Safety and efficacy of unilateral focused ultrasound pallidotomy on motor complications in Parkinson's disease (PD): a systematic review and meta-analysis
Menna Eslam Salah, Benha University
Rahma Sameh Shaheen, Benha University

02:42 PM-02:49 PM

Efficacy of Omega-3 Fatty Acid Supplementation in the Management of Dry Eye Disease: A Systematic Review and Meta-Analysis of Randomized Controlled Trials"
Mohammed Yasser Almohamady, Benha University

02:49 PM-03:00 PM

Discussion

03:00 PM-03:30 PM

LUNCH

SESSION IV: Presentation of Benha Faculty of Medicine Students' Societies

Chairpersons

Prof. Hossam Abdel-Azeem, Benha University
Prof. Mona Ghaly, Qanat ElSwis University
Prof. Rasha Shaker, Benha University
Prof. Ahmed Mostafa, Benha University
Prof. Kamal Mostafa, Benha University
Prof. Doaa Omar, Benha University
Prof. Amany Kassem, Benha University
Prof. Maha Mokhtar, Benha University

03:30 PM-04:30 PM

- Benha Charitable Pharmacy.
- Student Scientific Society.
- Our course
- Go Green.
- Success Without Greed.
- BASIRA.

04:30 PM-05:30 PM

Closing Ceremony

القاعة الملهمة

“FROM IDEA TO IMPACT”

SESSION I:LIGHTS ON MENTAL AND ENVIRONMENTAL DOMAINS

Chairpersons

Prof. Abdel Rahim Shoulahm, Benha University
Prof. Ashraf Elmashad, Benha National University
Prof. Shweekar Elbakry, Benha University
Prof. Abdel Moniem Ahmed, Benha University
Prof. Doaa Ibrahim Omar, Benha University
Prof. Asmaa Yasmine, Benha University

11:30 PM-11:37 PM	Does violence against healthcare workers in Egypt affect Brain Drain Dilemma? A multi-centric cross-sectional study Rowaydah Alaa, Helwan University, IFMSA-Egypt
11:37 PM-11:44 PM	Neurophobia among Egyptian Medical Students and Interns: A Multicenter Cross-Sectional Study Mohammed Ahmed Shokry, Benha University
11:44 PM-01:51 PM	Social anxiety disorder and quality of life among asthmatic university students. Amira Mohammed Omran Ahmed, Qena University
11:51 PM-11:58 PM	Brains on Pause? How Sleep Affects Cognition in Future Doctors: A Cross-Sectional Study Shahd Ehab Khairy, Benha University Ahmed Sayed Abdo, Benha University
11:58 PM-12:05 PM	Exploring the Quality of Life of University Students in Egypt: A Cross-Sectional Survey Using the World Health Organization Quality of Life-BREF (WHOQOL- BREF) Assessment. Abdulrhman Helal, Benha University
12:05 PM-12:12 PM	Exploring Discrimination Against Women in the Health Care System Hana Hame Abdel-Moatamed, Benha University
12:12 PM-12:19 PM	Nuclear War and Human Health: A Medical Perspective on Radiation Hazards Saja Mohamed Abozaid, Benha University
12:20 PM-12:40 PM	Discussion
12:40 PM-01:10 PM	Prayer time and coffee break

SESSION II: MEDICAL AND HEALTH CARE INNOVATIONS

Chairpersons

Prof. Medhat Refaat, Benha University
Prof. Abeer Abul Azm, Benha University
Prof. Tamer Assar, Benha University
Prof. Taghreed Gamal eldin, Benha University
Prof. Seham Gouda, Benha University

01:15 PM-01:22 PM

Human Genome Editing (meta-analysis)
Abdullah Ashraf Zahra, Benha University

01:22 PM-01:29 PM

Customized GPT Intervention in General Surgery Education: A Student-Centered Evaluation
Mahitab Younis, Qena University

01:29 PM-01:36 PM

Knowledge, attitude, and practice of E-health and artificial intelligence among physicians working in universal health insurance hospitals in Port Said City, Egypt: A cross-sectional study
Al-Shaimaa Anwar, Port Said University
Huda Ramadan, Port Said University.

01:36 PM-01:50 PM

Discussion

SESSION III : POSTERS

Chairpersons

Prof. Neveen Abdelhafeez, Benha University
Prof. Rasha Shaker, Benha University
Prof. Azza Alghareeb, 6th October University
Prof. Raneyah Hamdy, Benha University
Prof. Eman Eltahlawy, 6th October University
Prof. Maha Mokhtar, Benha University.
Prof. Mai Hasan, Benha University

02:00 PM-02:05 PM **Optimizing Interdisciplinary Learning in Healthcare Education: Perceptions, Challenges, and Enhancements among First-Year Students at Badya University**
Malak Alieldeen, Badya University
Mostafa Shady, Badya University.

02:05 PM-02:10 PM **New therapeutic advances in the treatment of dyslipidaemia**
Mohamed Essam Elmallah, 6 October University

02:10 PM-02:15 PM **Artificial intelligence for screening and diagnosis of amyotrophic lateral sclerosis: a systematic review and meta-analysis**
Abdulla Ashraf Zahra, Benha University
Rahma Sameh Shaheen, Benha University

02:15 PM-02:20 PM **Subclinical HPV in dermatological lazer**
Khaled Atef, 6 October University
Khaled Moatamed, 6 October University
Rami Diab, 6 October University
Khairy Medhat, 6 October University

02:20 PM-02:25 PM **Persistent hiccup after tramadol**
Ziad Emad, Benha University

02:25 PM-02:30 PM **A Systematic Review of Dimethyl Fumarate (DMF) in Pediatric Patients with Multiple Sclerosis (MS)**
Ahmed Sayed Abdo, Benha University

02:30 PM-02:35 PM **Inhaled Danger: Health or Habit? Perception and Practice of Smoking among Medical and Non-Medical Students**
Malak Othman, Badya University
Mariam Ahmed Ezzat, Badya University

02:35 PM-2:40 PM **Effect of Cilostazol Based Triple Versus Standard Dual Antiplatelet Therapy In Patients with Coronary Artery Disease Undergoing Percutaneous Intervention: Systematic Review And Meta-Analysis.**
Abdelmoneim Samy, Benha University
Rahma Sameh Shaheen, Benha University

02:40 PM-02:45 PM **Foot and Ankle Trauma: Risk Factors, Complications, and Strategies for Prevention and Awareness.**
Foad Mo'men Foad Elsayed, National East Port Said University

02:45 PM-03:00 PM **Discussion**

03:00 PM-03:30 PM **LUNCH**

قاعة BIS تجارة انجلش

FROM IDEA TO IMPACT

SESSION I: EXPLORING HEALTH RISKS AND DETERMINANTS

Chairpersons

Prof. Eman Elshal, ElAzhar University
Prof. Raneyah Hamdy, Benha University
Prof. Eman Eltahlawy, 6th October Universi
Prof. AbdelMoniem Guda, Benha University
Prof. Eman Araby, Benha University

10:30 AM-10:37 AM **Assessment of Adherence to Rheumatic Fever Modified Jones Criteria Before Prescribing Long-Acting Penicillin in Dakahlia Governorate.**
Aya Ahmed Mohamed, Delta University

10:37 AM-10:44 AM **Abdelghaney Mohamed Sheresher, Delta University.**
Dyslexia knowledge and handling among students of education-related faculties in Port Said University
Alshaimaa Anwar (Port Said University)

10:44 AM-10:51 AM **Food additives' effect on gut microbiota: A link to IBS**
Mariam Serage, Benha University

10:51 AM-10:58 AM **Exploring Diabetic Neuropathy**
Nadeen Waleed Ramadan, Benha University

10:58 AM-11:05 AM **No more silence: Ending FGM together**
Haya Talaat Shalaby, Benha University

11:05 AM-11:12 AM **Climate Change Knowledge, Attitudes and Practices among Future Physicians in Egypt: A Multi Centric Cross-Sectional Study.**
Hager Sallam et al., Benha University.

11:12 AM-11:27 AM **Discussion**

SESSION II (a): HANDS ON MEDICAL INTERVENTIONS

Chairpersons

Prof Dr: Hossam Abdel azeem, Benha University
Prof Dr. Azza Alghareeb, 6th October University
Prof Dr. Shereen Elkholy, Benha University
Prof Dr. Samer Badiea, Benha University
Prof Dr. Rabab Hendawy, Benha University
Prof Dr Amany kassem, Benha University

11:30 AM-11:37 AM Effect of Preoperative Budesonide on Postoperative Sore Throat: A Systematic Review and Meta-analysis

Halal Metwalli, Benha University

11:37 AM-11:44 AM Safety and Efficacy of Trans magnetic Stimulation (rTMS) on major depressive disorders: Systematic review and Meta-analysis.

Ahmed Hosney Nada, Benha University

11:44 AM-11:51 AM Colchicine in the Secondary Prevention of Stroke and Major Cardiovascular Events in patients with stroke or at high risk of it: Systematic Review and Meta-Analysis

Mohamed Mahmoud khalaf, Benha University

11:51 AM-11:58 AM mRNA vaccines and the future they hold

Dhia Ahmed Elashari, 6th October University
Abdullah Elsayed Abdel Ghaffar, 6th October University
AbdelRahman Rafat Zidan, 6th October University

11:58 AM-12:05 PM Anterior vs. posterior approach for spinal accessory nerve transfer to suprascapular nerve in brachial plexus injury: a systematic review and meta-analysis of comparative studies

Mai Mahmoud Hamed, Benha University
Rahma Sameh Shaheen, Benha University

SESSION II (b):BRILLIANT YOUNG RESEARCHERS

12:05 PM-12:12 PM Ahmed Nada, Benha University

12:12 PM-12:19 PM Sara Hosny El-Farargy, Benha University

12:20 PM-12:40 PM Discussion

12:40 PM-01:10 PM Prayer time and coffee break

SESSION III: FACULTY OF PHYSIOTHERAPY, Benha University

Chairpersons

Prof. Walid Talaat, Faculty of Physiotherapy, Benha University
Prof. Noha Elserty, Faculty of physiotherapy, Benha University
Prof. Walid Salah Edin, Faculty of Medicine, Benha University
Prof. Maged Nagaty, Faculty of Medicine, Benha University
Prof. Marwa Morad, Faculty of Medicine, Benha University
Dr. Marian Atef, Faculty of Physiotherapy, Benha University

01:15 PM-01:22 PM

The Effect of Therapeutic Exercises on Pain and Disability in Treatment of Sacroiliac Joint Dysfunction: A Systematic Review
Magdy Adel Abd EL-Azeem Mohamed
Amr Atef

01:22 PM-01:29 PM

Association Between Cognitive Ergonomics, Musculoskeletal pain and Academic Performance Among University Students: A Cross-Sectional Study
Esraa Zakarya Mohamed Abdu

01:29 PM-01:36 PM

Tourette syndrome and role of physical therapy: A Narrative review article
Magdy Adel Abd EL-Azeem Mohamed

01:36 PM-01:50 PM

Discussion

SESSION IV: FACULTY OF NURSING, Benha University

Chairpersons

Prof Dr. Abdel Rahim Shoula, Faculty of Medicine, Benha University
Prof Dr. Mahboba Sobhi, Faculty of Nursing, Benha University
Prof. Dr. Hala Ali Abed, Faculty of Medicine, Benha University
Prof Dr. Marwa Saeid, Faculty of Medicine, Benha University
Prof Dr. Abrar Hamed, Faculty of Nursing Benha University

02:00 PM-02:07 PM

"Technology-Assisted Nursing Interventions: Transforming Patient Monitoring and Care Delivery"
Wael Shendy Ibrahim Ali

02:07 PM-02:14 PM

Nano-enhanced medical tools: A New era in infection control
Mohamed Magdy Rafiaa

02:14 PM-02:21 PM

AI-Powered Nursing: Bridging Human Touch and Machine Intelligence
Ahmed Mohamed AbdelRahman

02:21 PM-02:28 PM

Use of technology to prevent injury to the patient, such as a no-lifting policy
Nada Mahmoud Saad Hilal

02:28 PM - 02:35 PM

The roles and challenges of AI for education development
Ghada Hazem Mohamed Kamal

02:35 PM-02:42 PM

Evaluating the Effectiveness of Virtual Reality in Enhancing Leadership and Clinical Communication Competencies among Nursing Students"
Donia Alaa Elsaied AbdelAleem

02:42 PM-03:00 PM

Discussion

03:00 PM-03:30 PM

LUNCH



12 ANNUAL MEDICAL CONFERENCE
Benha Faculty of Medicine (BFM)

Health Improvement
BACK
to Nature

Para-Conference Meeting

القاعة الملحقة لمجلس الكلية

Anesthesia, Intensive Care, and Pain Management Department

Day 1: Thursday, 31st July, 2025

09:00 AM-09:30 AM | Opening Ceremony

Welcome Speech

Prof. Ehab Saeed Abdelazem, Benha University
Head of Anesthesia, Intensive Care, and Pain Management Department

**Session 1: Perioperative Challenges and Risk Anticipation in Anesthesia Practice
(09:30 AM – 11:00 AM)**

Chairpersons

Prof. Ehab ELshahat Afify, Benha University

Prof. Ehab Saeed Abdelazem, Benha University

Prof. Elsayed Mohamed Abdelzim, Benha University

09:30 AM-09:45 AM | Anesthesia challenges in Thrombocytopenic parturient: from Evaluation to Delivery
Prof. Safaa Helal, Menoufia University

09:50 AM-10:05 AM | Perioperative Risk Stratification
Prof. Wessam Sultan, Menoufia University

10:10 AM-10:25 AM | Myocardial injury after non cardiac surgery; prevention, Diagnosis and management
Prof. Hany Bauomy, Benha University

10:30 AM-10:45 AM | The Unseen Risk Factor: How Humanities Training Improves Perioperative Outcomes
Prof. Samar Rafik Amin, Benha University

10:45 AM-11:00 AM | Discussion



11:00 AM-11:30 AM

Session 2: Advances in Critical Care and Organ Support (11:30 AM - 01:00 PM)

Chairpersons

Prof. Ehab Ahmed Abdelrahman, Benha University

Prof. Ahmed Mokhtar, Benha University

Prof. Ahmed Hamdy Abdelrahman, Benha University

11:30 AM-11:45 AM AKI in a critically ill patient. Stepwise approach.
Prof. Ahmed Mokhtar, Cairo University

11:50 AM-12:05 PM POCUS in critical care
Prof. Samir Elsaid Elzaafrany, Benha University

12:10 PM-12:25 PM De-resuscitation: A Paradigm Shift in Fluid Management for Critical Care
Prof. Ahmed Mostafa Abdelhamid, Benha University

12:30 PM-12:45 PM New modes of mechanical ventilation.
Prof. Dalia El Hefny, Kafr Elsheikh University

12:45 PM-01:00 PM Discussion

01:00 PM-02:00 PM *Lunch Break*

Session 3: Regional Anesthesia and Pain Therapy Innovations (2:00 PM - 3:30 PM)

Chairpersons

Prof. Esam Fatooh Makram, Benha University

Prof. Samir Elsaid Elzaafrany, Benha University,

Prof. Ahmed Mostafa Abdelhamid, Benha University

02:00 PM-02:15 PM Ischemic Pain in the Extremities.
Dr. Mahmoud Sewilam, Cairo University

02:20 PM-02:35 PM Beyond the Rash: The Critical Role of Pain Medicine in Herpes Zoster and Posttherapeutic Neuralgia.
Dr. Ziad Mohsen Elbagoury, Benha University

02:40 PM-02:55 PM Optimizing Opioid Use in cancer pain.
Dr. Mahmoud Abdelgalil, National Cancer Institute

03:00 PM-03:15 PM Radiofrequency in chronic pain.
Dr. Ayman Abdelmaksoud, Tanta University

03:15 PM-03:30 PM Discussion

Closing Remarks and Discussion

Day 2: Friday, 1st August 2025

القاعة الملحقة لمجلس الكلية

Hands-on Clinical Workshops

Workshop 1 : Advanced Airway Management (09:00 AM - 12:00 PM)

Instructors

Prof. [Mohamed Elfeky], Prof [Sameh Hasan], Prof. [Abdelmonem Fouad], Prof. [Mostafa Abolenin], Prof [Abdelazim Hegazy], Prof. [Khaled Haimah], Prof. [Tarek Abdel-Salam], Prof. [Esam Shafik], Prof. [Abdelwahab Saleh], Prof [Hosny Zein Elabedin], Prof. [Ismail Abdelgawad].

- Difficult Airway Algorithms
- Video Laryngoscopy
- Fiberoptic Intubation
- Surgical Airway Techniques

Workshop 2: Regional Nerve Blocks (12:00 PM - 02:00 PM)

Instructors

Dr. Ziad Mohsen, Benha University
Dr. Hany Bauomy, Benha University
Dr. Mahmoud Abdelgalil, Benha University

- Upper and Lower Limb Blocks
- Truncal Blocks (TAP, ESP, PENG)
- Live Ultrasound Demonstrations

Workshop 3: Local Anesthesia of the Eye (02:00 PM - 04:00 PM)

Instructors

Prof. Saad Ebrahim, Benha University

- Anatomy relevant to ophthalmic blocks
- Techniques: Sub-Tenon's, Peribulbar, Retrobulbar
- Complications and their management
- Simulation and video demonstration of techniques



12 ANNUAL MEDICAL CONFERENCE

Benha Faculty of Medicine (BFM)

Health Improvement

BACK
to Nature

قاعة تحيا مصر - جامعة بنها

Scientific Day on Pediatric Orthopedic Surgery

Sunday 3rd August 2025

Under Patronage of

Prof. Mohamed Elashhab

Dean of Benha Faculty of Medicine

Prof. Adel Al-Adawy

Former Minister of Health
President of EMA

Guest Speaker

Prof. Waleed Kishta

Head of Orthopedic Surgery
McMaster University, Kanda

Prof. Gamal Hosny

Prof. of Orthopedic Surgery, Head of Orthopedic Department,
Benha University

Prof. Mohamed Gouda

Benha University

Prof. Othama Hegazy

Prof. of Orthopedic Surgery,
Benha University

Functional Echocardiography Workshop Pediatric Department, Benha University

09:00 AM-09:30 AM

Registration

09:30 AM-10:00 AM

Principles of Echocardiography - Basic Echo Views
Prof. Somia Elwan

10:00 AM-10:30 AM

Assessment of Systolic & Diastolic Function
Dr. Fatma Shaaban

10:30 AM-11:00 AM

Assessment of PDA and hemodynamic significance
Prof. Eman Amer

11:00 AM-11:30 AM

Assessment of Pulmonary Hypertension
Dr. Yosra Eltbakh

11:30 AM-12:00 PM

Fluid Status & Fluid Responsiveness
Prof. Eman Amer, Dr. Asmaa mamdouh

12:00 PM-12:30 PM

Break

12:30 PM-03:00 PM

Hands-on



Egypt Branch

Ramses 2 extension - building - infront of the ministry of finance - nasr city

📱 +201002194520 - +201111222538
📱 +201006550465 - +201111222542
📱 +201003628022 - +201111222539
✉️ egypt@elite-eventsmanag.com
✉️ ceo@elite-eventsmanag.com
✉️ financial@elite-eventsmanag.com
LinkedIn icon, Instagram icon, Twitter icon, Facebook icon | [eliteconferences](#)

Gulf Branch

P. O. Box : 1822655 , Dubai
United Arab Emirates
📱 +971588446609
✉️ info@leqaauae.com
🌐 www.leqaauae.com